



2018 Dr. Martin Luther King, Jr. Art, Essay, & Multimedia Contest

What Change Can I Make in the World?

What change will I make with myself and with others? When I think about this, I think big. I never want to say anything mean about anybody, even if they won't hear me. I think that nobody deserves to be called worthless, stupid, ugly or any other mean words. I know that everybody has problems in their life, and it can really hurt to know that people are calling you those things or even to think that someone might be calling you those things. I want to help the environment, because it's everyone's home.

I have learned that recycling really helps the earth. I can't even imagine how much waste we have in the world, and how much less we could have if we recycled. Recycling really helps and is really easy. If you don't know how to recycle look it up, or ask someone who does. When we don't recycle, and the most it will take is probably 2 minutes to rinse out the thing you are recycling and putting it in a recycling bin.

Share positivity. If you like someone's clothes, say it. If you think they are pretty, say it. My favorite type of compliment is someone telling me I have a nice personality. Even if you are the prettiest person, it doesn't matter unless you are nice because body image doesn't make you kind. You never know what a compliment can do for someone. You could save their life.

Let someone sit with you. If someone is sitting alone at lunch, doesn't have many friends, or just came to your school, ask them if they want to come over to your lunch table. Who knows, maybe you guys will become great friends. Maybe you will make them feel like they belong. It can't hurt to be nice. I know it might be hard to be nice to someone who nobody hangs with because you don't want to be judged, but just do it. It could really help.

Where did I learn this? I learned this from my mom. My mom never said anything bad about anyone and my whole family agrees. My mom was super duper nice, she recycled, and she gave many compliments. When my mom was applying to college, she decided that she wanted to go to William and Mary. When she told her guidance counselor this, he said to her "Don't even try, no one in this school has ever been accepted." My mom decided to try anyway, and guess what? My mom went to the college that she was told was impossible for her to attend. Be the change you want see in the world. Just think, if everyone starts acting like this, the world will be amazing.

Genevieve Judson
6th Grade Essay Winner
Ontario Middle School, Mansfield

Carrie Murray, Teacher
Sue Weirich, Principal

Be the Change

